

PLEASE KEEP US  
UPDATED, ON YOUR  
GROUP.  
THE INFORMATION  
HERE IS ONLY AS GOOD  
AS YOU GIVE US.  
918-627-2224  
NECS@AANEOK.ORG



## Online/Virtual Meetings

Groups are listed in alphabetical order, followed by clubhouses

**\*\* OPEN Meeting—All are welcome to attend**

**\*\*CLOSED Meeting—Only for alcoholics & those who have a desire to stop drinking**

### **Awakening NS**

Conference Call (in person now available also), Mon-Sat 7am **OPEN**

Call in number: (951) 799-9267

### **Beginners Meeting 101**

Zoom only

Wednesday 7 pm **OPEN**

Zoom ID: 836 8457 8613

Password: AA

<https://us04web.zoom.us/j/83684578613>

### **Bottoms Up (Tahlequah)**

In person & Zoom

Tues/Thurs 6:15pm **OPEN**

Meeting ID: 861 1747 3417

Password: Unity

<https://us04web.zoom.us/j/86117473417>

### **Broken Arrow Action Group**

In person and online

Password for all meetings: action

- 5:30pm Mon (**OPEN**): 611 705 279
- 6pm Weds (**OPEN**): 838 249 872
- 7pm Fri/Sat (**OPEN**): 816 513 711
- 7:30pm Weds (**OPEN**): 960 401 021

### **Broken Arrow Wisdom Group**

In person & online.

- **Mon/Thurs 7:30pm:** <https://us04web.zoom.us/j/802026534> **CLOSED**
- **Friday 8pm:** <https://us04web.zoom.us/j/426385082> **OPEN**
- **Saturday 10am "Men's":** <https://us04web.zoom.us/j/115424780> **CLOSED**
- **Saturday 9:30 "Candlelight":** <https://us04web.zoom.us/j/116818928> **OPEN**
- **Last Friday "Birthday Meeting" w/ AI-anon:** <https://us04web.zoom.us/j/87803174786> **OPEN** pw: Wisdom

### **Brookside Men's Group**

In person & online

Sat 9:00 am **OPEN**

Zoom ID: 838 521 536

Password: 467946

<https://us04web.zoom.us/j/838521536>

### **Cornerstone**

In person & on Zoom

Monday (**CLOSED**, beginners meeting available) & Thursday 7:15pm (**OPEN**)

Zoom ID: 298 915 522

Password: billandbob

<https://us02web.zoom.us/j/298915522?pwd=ak9HT2lFSkhBVWVUOXdBcU1Yb1RtUT09#success>

### **Common Solution Group (Cushing)**

In person & on Zoom

Th 7pm, 4<sup>th</sup> Sat 7pm **CLOSED**

- **Thursday** ID: 840 4848 9468  
<https://us04web.zoom.us/j/84048489468>
- **4<sup>th</sup> Saturday Only** ID: 836 9930 8741  
<https://us04web.zoom.us/j/83699308741>

### **Desire Group**

Zoom only

Friday 8 PM **OPEN**

Meeting ID: 715 879 6009

Password: sober

Phone call Password: 544282

<https://us04web.zoom.us/j/7158796009>

### **Easy Does It (Claremore)**

- **Tuesday** noon: **CLOSED**  
# 641928859  
Password: 095921  
<https://us04web.zoom.us/j/641928859>
- **Wednesday** noon: **CLOSED**  
# 483181573  
Password: 091071  
<https://us04web.zoom.us/j/483181573>
- **Saturday** noon: **OPEN**  
# 427642734  
Password: 039093  
<https://us04web.zoom.us/j/427642734>

### **Gaunt Prospector Speaker Group**

Zoom only

Sunday 7 PM **OPEN**

Zoom ID- 449 181 4542

Password- Love

<https://us04web.zoom.us/j/4491814542>

### **Grateful Heart**

In Person & Online

Sun 3pm **OPEN**

Online only

Wed 6pm **OPEN**

Meeting ID: 918 894 0898

Password: grateful

<https://us04web.zoom.us/j/9188940898>

**Gratitude Group (Women's)**

Online only

Daily at Noon **OPEN**

GoToMeeting 297-164-549

Download app & enter access code

**Last Call (formerly PATS Zoom group)**

Zoom only

Daily at 9:00 pm **OPEN**

Meeting ID: 662 141 017

Password: 123456

<https://us04web.zoom.us/j/662141017>

**Lotus Group (Skiatook--Women)**

In person & online

Zoom ID: 194 416 622

Password: 023025

<https://us04web.zoom.us/j/194416622>

**Muskogee Donut Hole Group**

Mon-Fri 7am **OPEN**

Sat 9am **OPEN**

Meeting ID: 824 1697 8755

Password: donut

<https://us04web.zoom.us/j/82416978755>

**New Day**

Online only

M/W/F at Noon **OPEN**

Meeting ID: 715 879 6009

Password: sober

Join by Phone call (audio only) +1 346 248 7799

Password: 544282

<https://zoom.us/j/7158796009>

**New Haven Group**

In person & online

Tuesday (**CLOSED**) & Friday (**OPEN**) 7:30PM

Meeting ID 231 625 7821

Password: 913074

<https://zoom.us/j/2316257821>

**New Hope**

Zoom only

Tuesday 7:15pm **OPEN**

In Person & Online

Friday 7:15 **OPEN**

Meeting ID: 891 3887 2864

Password: 113006

<https://zoom.us/j/89138812864>

### **Open Door 2**

Conference Call Only

Sun 3pm **OPEN**

1-470-480-9063

### **Owasso Group**

In person & online

M/F 8pm **OPEN**

Zoom ID: 363 839 932

Meeting Password: 081750

<https://us04web.zoom.us/j/363839932?pwd=aUV2cmpvTTlydTJEbXN1eGNOZTdyUT09>

### **Promises (Broken Arrow)**

Hybrid Meetings

T/Th 6pm **OPEN**

Zoom ID: 645 891 3729

Password: NjNuz6

<https://us05web.zoom.us/j/6458913729?pwd=bE5hcVJYQmJmUHBzN0FyaUNyQ>

### **Sooner Group**

Zoom only

Mon (**CLOSED**)/ Thurs (**OPEN**) 7:30pm

Meeting ID: 876 3091 1415

Password: 670797

<https://us04web.zoom.us/j/87630911415>

### **Southside Traditions**

Sun (**CLOSED** except **LAST** Sun is **OPEN**)

Th 7 pm **OPEN**

Meeting ID: 820 0470 5015

Password: 021261

<https://us04web.zoom.us/j/82004705015>

### **Twelve & Twelve**

In person & online Wed (**CLOSED**)/Sat (**OPEN**) 7:30pm

Zoom ID: 892 8860 3298

Password: sober

<https://us04web.zoom.us/j/89288603298>

### **We Agnostics**

Zoom only

Sun 9am **OPEN**

Meeting ID: 438 5900 679

Passcode: BillW

<https://us02web.zoom.us/j/4385900679>

### **Women's Connection**

Zoom only

Thursday 5:30 pm **OPEN**

Meeting ID: 854 4792 5491

Password: 471963 <https://us04web.zoom.us/j/85447925491>

## Clubhouses:

### REBOS Club (Tulsa)

#### -REBOS Nooner

M-F (M/W/F hybrid) 12pm **OPEN**

Zoom ID: 211 361 7027

Password: T-126

<https://us04web.zoom.us/j/2113617027>

#### -Lambda Unity

Zoom meetings only

T/Th 7pm **OPEN**

Saturday 5:30pm **OPEN**

For meeting access email [lambdaunitytulsa@gmail.com](mailto:lambdaunitytulsa@gmail.com)

#### -Evening Sunrise

In person & on Zoom

Sun/Weds 7:00pm **OPEN**

Meeting ID: 835 0578 6043

Password: 73267

<https://us04web.zoom.us/j/83505786043>

### Unanimity Club (Tulsa)

#### -ODAT

In person and online Daily 12pm **OPEN**

Meeting ID: 478 332 211

Password: ODAT123

<https://zoom.us/j/478332211?pwd=OUo4Q1g3cGdZY09hZXFmb2JlMkR3dz09>

#### -Sunrise

In person & online

M-F 6:30am **OPEN**

Sat-Sun 7:00am **OPEN**

Meeting ID: 429 010 1394

<https://us04web.zoom.us/j/4290101394>

### The Loft (Owasso)

Online & In person. Loft PayPal account: [loftkoop@gmail.com](mailto:loftkoop@gmail.com)

#### -Before and After Group

- **Monday:** 7:00 pm **OPEN**  
ID 934268072  
PW 007799  
<https://us04web.zoom.us/j/934268072>
- **Wednesday** 7:00 pm **OPEN**  
ID 713240490  
PW 025401  
<https://us04web.zoom.us/j/713240490>
- **Saturday:** Noon **OPEN**  
ID 491085756  
PW 005049  
<https://us04web.zoom.us/j/491085756>

### **-Fresh Start Group**

Wednesday: Noon OPEN

ID 491 085 756

PW 005049

<https://us04web.zoom.us/j/491085756>

### **-Koop Group**

- **Sunday:** 7:00 pm OPEN

ID 124 645 448

PW 009594

<https://us04web.zoom.us/j/124645448>

- **M/T/Th/F:** Noon OPEN

ID 491 085 756

PW 005049

<https://us04web.zoom.us/j/491085756>

### **-Primary Purpose Group**

- **Sunday:** 5:30 pm OPEN

ID 400 436 590

PW 027251

<https://us04web.zoom.us/j/400436590>

- **Tuesday:** 7:00 pm OPEN

Foundation Meeting

ID 733 259 579

PW 026571

<https://us04web.zoom.us/j/733259579>

## **Databases of Online AA Meetings**

<http://www.aa-intergroup.org/?fbclid=IwAR0Ibj4edhiB-yIwG4KfPkJrVqJK5sL5raVyfgorxloBYtZb0QUOSTZUzgA>

[https://www.thetokenshop.com/Online\\_AA\\_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhckfwUqtA7T18yJcC04cEsPo2HwA](https://www.thetokenshop.com/Online_AA_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhckfwUqtA7T18yJcC04cEsPo2HwA)

[https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7\\_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrvViZoc\\_jUj92j-Mtk\\_okN5N-70gZ4zXAXhoJdyVI03\\_f4wyeF9sM](https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrvViZoc_jUj92j-Mtk_okN5N-70gZ4zXAXhoJdyVI03_f4wyeF9sM)

[https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1cIkYows-7sZY\\_BvuWWOx5MzL9lJR5mpBVIgMkG5Kqg7umgYE](https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1cIkYows-7sZY_BvuWWOx5MzL9lJR5mpBVIgMkG5Kqg7umgYE)

<http://intherooms.com/?fbclid=IwAR3QIYG24AMEGGp9mOtDj7CgulqrfTP0lpXKZc1IG-DTdmkEOwkA6tlwuV4>

## **Links to Online Speaker Tapes**

<https://www.xa-speakers.org/pafiledb.php>

[Recoveryspeakers.com](http://Recoveryspeakers.com)