

PLEASE KEEP US
UPDATED, ON YOUR
GROUP.
THE INFORMATION
HERE IS ONLY AS GOOD
AS YOU GIVE US.
918-627-2224
NECS@AANEOK.ORG



Online/Virtual Meetings

Groups are listed in alphabetical order, followed by clubhouses

**** OPEN Meeting—All are welcome to attend**

****CLOSED Meeting—Only for alcoholics & those who have a desire to stop drinking**

5th Dimension Young People's Group (not a local group)

Online Only

Daily 9:30pm (ASL translator on Wednesday)

<https://zoom.us/j/687118144>

Meeting ID: 687-118-144

(no passcode)

Awakening NS

Conference Call (in person now available also), Mon-Sat 7am **OPEN**

Call in number: (951) 799-9267

Beginners Meeting 101

Zoom only

Wednesday 7 pm **OPEN**

Zoom ID: 836 8457 8613

Password: AA

<https://us04web.zoom.us/j/83684578613>

Bottoms Up (Tahlequah)

In person & Zoom

Tues/Thurs 6:15pm **OPEN**

Meeting ID: 861 1747 3417

Password: Unity

<https://us04web.zoom.us/j/86117473417>

Broken Arrow Action Group

In person and online

Password for all meetings: action

- 5:30pm Mon (**OPEN**), Tues (Women—**CLOSED**), Thurs (Men—**CLOSED**): 611 705 279
- 6pm Weds (**OPEN**): 838 249 872
- 7pm Fri/Sat (**OPEN**): 816 513 711
- 7:30pm Weds (**OPEN**): 960 401 021
- 8:30am Sat (Men—**CLOSED**): 585 268 404
- 10:30am Sat (Women—**CLOSED**): 260 428 500

Broken Arrow Wisdom Group

In person & online.

- **Mon/Thurs 7:30pm:** <https://us04web.zoom.us/j/802026534> **CLOSED**
- **Friday 8pm:** <https://us04web.zoom.us/j/426385082> **OPEN**
- **Saturday 10am "Men's":** <https://us04web.zoom.us/j/115424780> **CLOSED**
- **Saturday 9:30 "Candlelight":** <https://us04web.zoom.us/j/116818928> **OPEN**
- **Last Friday "Birthday Meeting" w/ AI-anon:** <https://us04web.zoom.us/j/87803174786> **OPEN**

Password for birthday meeting: Wisdom

Brookside Men's Group

In person & online

Sat 9:00 am **OPEN**

Zoom ID: 838 521 536

Password: 467946

<https://us04web.zoom.us/j/838521536>

Chapter 5 (Tahlequah)

In person & online

M/W/Sat 6:30pm **OPEN**

Zoom ID: 390 563 1519

Password: CH5

<https://us04web.zoom.us/j/3905631519>

Cornerstone

In person & on Zoom

Monday (**CLOSED**, beginners meeting available) & Thursday 7:15pm (**OPEN**)

<https://us02web.zoom.us/j/298915522?pwd=ak9HT2lFSkhBVWVUOXdBcU1Yb1RtUT09#success>

Common Solution Group (Cushing)

In person & on Zoom

Th 7pm, 4th Sat 7pm **CLOSED**

- **Thursday ID:** 840 4848 9468
<https://us04web.zoom.us/j/84048489468>
- **4th Saturday Only ID:** 836 9930 8741
<https://us04web.zoom.us/j/83699308741>

Desire Group

Zoom only

Friday 8 PM **OPEN**

Meeting ID: 715 879 6009

Password: sober

Phone call Password: 544282

<https://us04web.zoom.us/j/7158796009>

Easy Does It (Claremore)

- **Tuesday noon:** **CLOSED**
641928859
Password: 095921
<https://us04web.zoom.us/j/641928859>
- **Wednesday noon:** **CLOSED**
483181573
Password: 091071
<https://us04web.zoom.us/j/483181573>

- **Saturday noon: OPEN**
427642734
Password: 039093
<https://us04web.zoom.us/j/427642734>

Gaunt Prospector Speaker Group

Zoom only

Sunday 7 PM **OPEN**

Zoom ID- 449 181 4542

Password- Love

<https://us04web.zoom.us/j/4491814542>

Grateful Heart

In Person & Online

Sun 3pm/ Wed 6pm **OPEN**

Meeting ID: 918 894 0898

Password: grateful

<https://us04web.zoom.us/j/9188940898>

Gratitude Group (Women's)

Online only

Daily at Noon **OPEN**

GoToMeeting 297-164-549

Download app & enter access code

Last Call (formerly PATS Zoom group)

Zoom only

Daily at 9:00 pm **OPEN**

Meeting ID: 662 141 017

Password: 123456

<https://us04web.zoom.us/j/662141017>

McIntosh County Virtual Group

Online only

Su/W/F 7pm **OPEN**

<https://zoom.us/j/3134497254>

Password: 678130

Muskogee Donut Hole Group

Mon-Fri 7am **OPEN**

Sat 9am **OPEN**

Meeting ID: 824 1697 8755

Password: donut

<https://us04web.zoom.us/j/82416978755>

New Day

Online only

M/F at Noon **OPEN**

Meeting ID: 715 879 6009

Password: sober

Join by Phone call (audio only) +1 346 248 7799

Password: 544282

<https://zoom.us/j/7158796009>

New Haven Group

In person & online

Tuesday (**CLOSED**) & Friday (**OPEN**) 7:30PM

Meeting ID 231 625 7821

Password: 913074

<https://zoom.us/j/2316257821>

New Hope

- **Tuesday** Zoom only 7:15pm **OPEN**

Meeting ID: 437 148 8908

Password: 460655

<https://zoom.us/j/85955527530>

- **Friday** Hybrid 7:15pm **OPEN**

Meeting ID: 859 5552 7530

Password: 113006

<https://zoom.us/j/4371488908>

Open Door 2

Conference Call Only

Sun 3pm **OPEN**

1-470-480-9063

Owasso Group

In person & online

M/F 8pm **OPEN**

Zoom ID: 363 839 932

Meeting Password: 081750

<https://us04web.zoom.us/j/363839932?pwd=aUV2cmpvTTlydTJEbXN1eGNOZTdyUT09>

Promises (Broken Arrow)

Hybrid Meetings

T/Th 6pm **OPEN**

Zoom ID: 645 891 3729

Password: NjNuz6

<https://us05web.zoom.us/j/6458913729?pwd=bE5hcVJYQmJmUHBzN0FyaUNyQ>

Sooner Group

Zoom only

Mon (**CLOSED**)/ Thurs (**OPEN**) 7:30pm

Meeting ID: 876 3091 1415

Password: 670797

<https://us04web.zoom.us/j/87630911415>

Southside Traditions

Sun (**CLOSED** except **LAST** Sun is **OPEN**)

Th 7 pm **OPEN**

Meeting ID: 820 0470 5015

Password: 021261

<https://us04web.zoom.us/j/82004705015>

Twelve & Twelve

In person & online Wed (**CLOSED**)/Sat (**OPEN**) 7:30pm

Zoom ID: 892 8860 3298

Password: sober

<https://us04web.zoom.us/j/89288603298>

We Agnostics

Zoom only

Sun 9am/Wed 7pm [OPEN](#)

Meeting ID: 438 5900 679

Passcode: BillW

<https://us02web.zoom.us/j/4385900679>

Women's Connection

Zoom only

Thursday 5:30 pm [OPEN](#)

Meeting ID: 854 4792 5491

Password: 471963

<https://us04web.zoom.us/j/85447925491>

Clubhouses:

REBOS Club (Tulsa)

-REBOS Nooner

M-F (M/W/F hybrid) 12pm [OPEN](#)

Zoom ID: 211 361 7027

Password: T-126

<https://us04web.zoom.us/j/2113617027>

-Lambda Unity

Zoom meetings only

T/Th 7pm [OPEN](#)

Saturday 5:30pm [OPEN](#)

For meeting access email lambdaunitytulsa@gmail.com

-Evening Sunrise

In person & on Zoom

Sun/Weds 7:00pm [OPEN](#)

Meeting ID: 835 0578 6043

Password: 73267

<https://us04web.zoom.us/j/83505786043>

Unanimity Club (Tulsa)

-ODAT

In person and online Daily 12pm [OPEN](#)

Meeting ID: 478 332 211

Password: ODAT123

<https://zoom.us/j/478332211?pwd=OUo4Q1g3cGdZY09hZXFMb2JJMDc3dz09>

-Sunrise

In person & online

M-F 6:30am [OPEN](#)

Sat-Sun 7:00am [OPEN](#)

Meeting ID: 429 010 1394

Password: 101729

<https://us04web.zoom.us/j/4290101394>

The Loft (Owasso)

Online & In person. Loft PayPal account: loftkoop@gmail.com

-Before and After Group

- **Monday:** 7:00 pm **OPEN**
ID 934268072
PW 007799
<https://us04web.zoom.us/j/934268072>
- **Wednesday** 7:00 pm **OPEN**
ID 713240490
PW 025401
<https://us04web.zoom.us/j/713240490>
- **Saturday:** Noon **OPEN**
ID 491085756
PW 005049
<https://us04web.zoom.us/j/491085756>

-Fresh Start Group

Wednesday: Noon **OPEN**

ID 491085756

PW 005049

<https://us04web.zoom.us/j/491085756>

-Koop Group

- **Sunday:** 7:00 pm **OPEN**
ID 124645448
PW 009594
<https://us04web.zoom.us/j/124645448>
- **M/T/Th/F:** Noon **OPEN**
ID 491085756
PW 005049
<https://us04web.zoom.us/j/491085756>

-Primary Purpose Group

- **Sunday:** 5:30 pm **OPEN**
ID 400436590
PW 027251
<https://us04web.zoom.us/j/400436590>
- **Tuesday:** 7:00 pm **OPEN**
Foundation Meeting
ID 733259579
PW 026571
<https://us04web.zoom.us/j/733259579>

Databases of Online AA Meetings

<http://www.aa-intergroup.org/?fbclid=IwAR0Ibj4edhiB-yIwG4KfPkJrVqJK5sL5raVyfgorxloBYtZb0QUOSTZUzga>

https://www.thetokenshop.com/Online_AA_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhckfwUqtA7T18yJcc04cEsPo2HwA

https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrVViZoc_jUj92j-Mtk_okN5N-70gZ4zXAXhoJdyVI03_f4wyeF9sM

https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1clkYows-7sZY_BvuWWOx5MzL9lJR5mpBVlGMkG5Kqg7umgYE

<http://intherooms.com/?fbclid=IwAR3QlYG24AMEGGp9mOtDj7CgulqrfTP0lpXKZc1IG-DTdmkEOwkA6tlwuV4>

[Links to Online Speaker Tapes](#)

<https://www.xa-speakers.org/pafiledb.php>

Recoveryspeakers.com