

PLEASE KEEP US
UPDATED, ON YOUR
GROUP.
THE INFORMATION
HERE IS ONLY AS GOOD
AS YOU GIVE US.
918-627-2224
NECS@AANEOK.ORG



The Latest Updates
Meetings that are open
Online Meeting Access

The Northeast Central Service Office is now open Monday – Friday from 10 am – 5 pm! We can still ship orders or deliver to you curbside, call or email us to make arrangements and for more information!

****Please note that the list of Online Meetings & Resources begins on page 6!****

Groups That ARE Meeting In Person (groups alphabetical, then clubhouses): These are the only groups that have informed us that they are still holding (or have resumed holding) traditional meetings

****indicates mask required**

TULSA AREA GROUPS

****Acceptance** 12424 E 31st St, St. Matthew's Methodist
T/Th Noon

The Altruistic Group 2525 S. Garnett Rd, Christview Christian Church
Saturday 6:30pm

*****NEW ADDRESS, NOW MEETING IN PERSON & VIA CONFERENCE CALL*****

****Awakening NS** 5635 E 71st St, St. Dunstan's Episcopal Church
M-Sat 7am

Masks & social distancing required, bring your own books & coffee

****Beginners Big Book Study** 2900 S Harvard Fellowship Congregational Church
M-Sat 12pm

****Beginning Group** 620 S. Garnett, Garnett Road Baptist (North Parking Lot)
Bring your own book, social distancing
M/F 7:30pm

Broken Arrow Action Group 1631 S Main St

Hybrid in person & Zoom

Monday: 12pm, 5:30pm (beginner's), 7:30pm

Tuesday: 12pm, 5:30pm (women's), 7:30pm

Wednesday: 12pm, 6pm, 7:30pm (beginner's)

Thursday: 12pm, 5:30pm (men's), 7:30pm

Friday: 12pm, 5:30pm, 7pm

Saturday: 8:30am (men's), 10:30am (women's), 7pm

Sunday: 10:30am, 6:30pm

Broken Arrow Wisdom Group 4250 W. Houston, St. Patrick's Episcopal Church

Hybrid In person & Zoom:

M/Th: 7:30pm

Friday: 8:00pm

Saturday: 10:00am (men's meeting), 9:30pm (candlelight)

****Brookside Men's Group** 3832 S. Peoria Ave, Hope Fellowship Church

Saturday 9 am—hybrid meeting

****Cornerstone** 5635 E 71ST St, St. Dunstan's Episcopal Church

M/Th 7:15 pm—In person & on Zoom

Downtown 501 S Cincinnati Ave, Trinity Episcopal Church

M-Th 12pm Press speaker button & ask for AA

Fellowship You Crave 2902 S. Yale Ave, Memorial Baptist Church Activity Center (SW Corner)

Wednesday 7pm

****First Step** 5649 S. Garnett Rd, HOW Foundation

W/Sat 8pm Now open to non-residents, temperature checks required

Friendship Group 10513 E. Admiral Pl, St. Mark's Methodist Church

M/Th 7:00 pm

Genesis/A New Beginning 8707 E 51st St Regency Park Church

M-F 7 am In person

Going to Any Lengths 6540 E 21st ST Ste G

Meeting online and in person—see group member for online meeting info

M/W/F/Sa 7:30pm

Grateful Heart Group 6215 S 107th E Ave, The Heart Church

In person & online Sun 3:00pm

Temperature checks required, masks optional

Indians for Sobriety 1901 N College Ave, Indian Methodist Church

M/Th 7pm

****Last Chance Group** 9100 E 21st St. Espíritu Santo Episcopal Church

Bring your own book

Monday 7:30 pm

Midtown Men's Group 2908 E. 15th St. All Nations Vineyard Church

Wednesday 7 pm (Closed, Men's meeting)

**** Miracles Group** 1307 West 22nd Street, Southwest Church of the Nazarene

Sun/W 7 pm

New Haven 5603 S. New Haven, New Haven Methodist Church

In person & online

T/F 7:30 pm

New Hope 5635 E 71ST St, St. Dunstan's Episcopal Church

Wednesday 6:30pm

Oil Capitol Group 2900 S. Harvard Fellowship Congregational Church

Wednesday 7pm

****Original Group** 6815 E. 15th Street ***NOW NON-SMOKING***

Sunday-Saturday 12pm & 5:30pm

****Original Westside Group** 6727 S. Sheridan Rd, Fellowship Lutheran Church

T/Th 7:00 pm

Passionate Promises (women) 9826 S. 94th E. Ave, Meets in a house

Thursday 6 pm

Contact Tina T. 539-525-8728

Promises (Broken Arrow) 4407 S Olive (129th) E. Ave, Abiding Harvest United Methodist

Hybrid In person & Zoom

T/Th 6 pm ****NEW ZOOM INFO IN LOCAL ONLINE MEETING SECTION****

****Read the Book** 5590 S Lewis Ave, Southern Hills Baptist Room 206

M/Th 7:30 pm

Temporarily NO CHILDCARE AVAILABLE

Rose Garden 2435 S Peoria Ave Tulsa Rose Garden at Woodward Park

Sun 8:00 am Meeting on the steps outside the Rose Garden.

Will meet outside throughout the season (no greenhouse this year).

In case of rain will meet in the shelter in Woodward Park.

South Bixby AA 14 E Dawes Ave

In Person Only Wednesday 7 pm

Monday Zoom only

****Southside Traditions** 10901 S Yale Ave, Christ Church Episcopal

Sun/Th 7:00 pm Hybrid Zoom/In Person meeting

Social distancing, masks required, bring your own coffee.

Tulsa Big Book 2901 S Yale Ave Yale Church of Christ

Tuesday meeting in person only 7:30pm

CURRENTLY NO BABYSITTING AVAILABLE

Friday Zoom only

Tulsa Into Action Group 4615 S Darlington Ave, Foundations Church

M/F 6:30pm

****Twelve & Twelve Group** 4818 E 9th St. Saint Luke's Episcopal Church

W/Sat 7:30 PM

Women's Connection 2900 S. Harvard Ave, Fellowship Congregational Church

Mon 5:30pm—If the weather is nice meet outside in front of church, in inclement weather Zoom only

TULSA AREA CLUBHOUSES

****Indicates Masks Required**

Buddy Room (at 12&12 facility) 6333 E. Skelly Dr

Awakening M-Sun 6:45am

Another Chance M/Th/Sat 7:30pm

Solutions W/Sun 7:30pm

Dry Dock Club 5525 E 51st St Ste 403 (Use back entrance of building)

Serenity Harbor Daily 12pm *New Group Name*

Happy Hour Daily 5:30pm

Open Arms Sat-Thurs 9pm

REBOS Clubhouse 3355 S. Jamestown Ave—Building behind Unity Church

Back to Basics Fri 7:30pm

B.A.D. Girls Club Sat 9:30am

Evening Sunrise Sun/M/W 7:00pm

House on Jamestown Sun 9:30am

****Tulsa Group** 3010 E King St

Bring your own book, social distancing required

M-Sat 12:00 pm

Fri 5:30 pm (Starting 4/30)

Sat 5:30 pm **3rd Saturday ONLY** Birthday meeting (Starts 5/15)

W 6pm Women's meeting TEMPORARILY SUSPENDED

Sun 10:30 am

Unanimity Club 8749 S. Lewis Ave

****Sunrise** M-F 6:30am, Sat-Sun 7am

****ODAT** Daily Noon

****SOS** Daily 5:30pm

****7:15 Group** M/W/F 7:15pm

****PATS** Sun-F 9pm, Sat 10pm

*****The Unanimity Club will be closed May 3-7 for repairs*****

Sunrise will meet at IHOP 7123 S Lewis Ave

ODAT will not meet during this time

SOS will meet at Veterans Park (Jenks) 305 S Birch St—bring a lawn chair & your books

PATS will meet in the parking lot in front of the Unanimity Club—bring a lawn chair & your books

7:15 group will not meet during this time

SURROUNDING AREA IN PERSON GROUPS

Ada

- **Three Legacies Group**

Bartlesville

- **Downtown**
- **New Day**
- **Oak Park AA Group**
- **Sobriety Book Club**
- **Willing to Grow**

Bristow

- **Into Action**

Catoosa

- **Port of Catoosa**

Checotah

- **Checotah Group**

Claremore

- **AA Meeting**
- **Claremore Big Book**
- **Claremore Early Bird**

- **Claremore Easy Does It**
- **Outlaw Safe Cracker**—New Meeting Tues 6:30pm Open Lit Study
- **Pioneer**
- **Sobriety Offers Serenity**
- **Sunday Big Book Group**

Cleveland

- **Cleveland Group**

Colcord

- **Tuesday Night AA Group**

Coweta

- **Design for Living Group**

Cushing

- **Common Solution Group**

Eufaula

- **Porum Landing Group**

Grove

- **Grove Turning Point**
- ****The Promises**
- ****Grove Nooners**
- **We Care **New Group****

Inola

- **Inola Big Book**

Langley

- **Langley Group**

Locust Grove

- **Locust Grove Group**

Mannford

- **Mannford Nomad**

McAlester

- **Broken Bottle**
- **McAlester Noon Big Book**
- **McAlester Step Study Group**

Monkey Island

- **Monkey Island Group**

Muskogee

- **Happy Hour**
- **Muskogee Brown Bag**
- **Muskogee Donut Hole Group**

Okmulgee

- **Faith Group AA**

Owasso

- **Owasso Group**
- **The Loft Clubhouse**
 - **Koop Group**
 - **Before & After**
 - **Primary Purpose**
 - **Owasso Fresh Start**

Ponca City

- **Power of We**

Pryor

- **Pryor Downtown**
- **Pryor GTO**

Sallisaw

- **Sallisaw Serenity**

Sand Springs

- **Tanglewood**

Sapulpa

- **Sapulpa Serenity**
- **Helping Hand**

Skiatook

- **Broken Brain**
- **Lotus Group (Women)**

Tahlequah

- ****Bottoms Up**—Tues hybrid/**Thurs Zoom**
- **Chapter 5**--Hybrid
- **Tahlequah Eastside**

Turley

- **Turley Big Book**

Wagoner

- **Wagoner Big Book**

Vian

- **Vian Awakening** ****NEW GROUP****

Local Online/Virtual Meetings (Groups alphabetical, then clubhouses)

**** OPEN Meeting—All are welcome to attend**

****CLOSED Meeting—Only for alcoholics & those who have a desire to stop drinking**

Awakening NS

Conference Call (in person now available, see page 1), Mon-Sat 7am **OPEN**

Call in number: (951) 799-9267

Beginners Meeting 101

Wednesday 7 pm

Zoom ID: 836 8457 8613

Password: AA

<https://us04web.zoom.us/j/83684578613>

Bottoms Up (Tahlequah)

Tues Hybrid **OPEN** /Thurs Zoom only **OPEN**

Meeting ID: 861 1747 3417

Password: Unity

<https://us04web.zoom.us/j/86117473417>

Broken Arrow Action Group

In person and online

Password for all meetings: action

- 8:30am Sat Men's: 585 268 404 (**CLOSED**)
- 10:30am Sat (Women's—**CLOSED**) & Sun (**CLOSED**): 260 428 500
- Noon Mon-Fri: 770 154 932 (**CLOSED**)
- 5:30pm Mon (**OPEN**), Tues (Women's—**CLOSED**), Fri (**CLOSED**): 611 705 279
- 6pm Weds (**OPEN**), 6:30pm Sun (**CLOSED**): 838 249 872
- 7pm Fri/Sat (**OPEN**): 816 513 711
- 7:30pm Mon-Thurs: 960 401 021 (Weds—**OPEN**, all others **CLOSED**)

Broken Arrow Wisdom Group

In person & online.

- **Mon/Thurs** 7:30pm: <https://us04web.zoom.us/j/802026534> **CLOSED**
- **Friday** 8pm: <https://us04web.zoom.us/j/426385082> **OPEN**
- **Saturday** 10am "Men's:" <https://us04web.zoom.us/j/115424780> **CLOSED**
- **Saturday** 9:30 "Candlelight:" <https://us04web.zoom.us/j/116818928> **OPEN**
- **Last Friday "Birthday Meeting:"** <https://us04web.zoom.us/j/87803174786> **OPEN**

Password for birthday meeting: Wisdom

Brookside Men's Group

In person & online

Sat 9:00 am **OPEN**

Zoom ID: 838 521 536

Password: 467946

<https://us04web.zoom.us/j/838521536>

Chapter 5 (Tahlequah)

In person & online

M/W/Sat 6:30pm **OPEN**

Zoom ID: 390 563 1519

Password: CH5

<https://us04web.zoom.us/j/3905631519>

Cornerstone

Monday (**CLOSED**, beginners meeting available) & Thursday 7:15pm (**OPEN**)

<https://us02web.zoom.us/j/298915522?pwd=ak9HT2lF5kshBVWVUOXdBcU1Yb1RtUT09#success>

Common Solution Group (Cushing)

In person & on Zoom

Th 7pm, 4th Sat 7pm **CLOSED**

- **Thursday** ID: 840 4848 9468

<https://us04web.zoom.us/j/84048489468>

- **4th Saturday Only** ID: 836 9930 8741

<https://us04web.zoom.us/j/83699308741>

Desire Group

Tuesday 7:30 PM/Friday 8 PM **OPEN**

Meeting ID: 715 879 6009

Password: sober

Phone call Password: 544282

<https://us04web.zoom.us/j/7158796009>

Easy Does It (Claremore)

- **Tuesday** noon: **CLOSED**

641928859

Password: 095921

<https://us04web.zoom.us/j/641928859>

- **Wednesday** noon: **CLOSED**

483181573

Password: 091071

<https://us04web.zoom.us/j/483181573>

- **Saturday** noon: **OPEN**

427642734

Password: 039093

<https://us04web.zoom.us/j/427642734>

Gaunt Prospector Speaker Group

Sunday 7 PM **OPEN**

Zoom ID- 449 181 4542

Password- Love

<https://us04web.zoom.us/j/4491814542>

Grateful Heart

In Person & Online meetings Sun 3pm **OPEN**

Meeting ID: 918 894 0898

Password: grateful

<https://us04web.zoom.us/j/9188940898>

Gratitude Group (Women's) **OPEN**

Daily at Noon

GoToMeeting 297-164-549

Download app & enter access code

Last Call (formerly PATS Zoom group)

Daily at 9:00 pm **OPEN**

Meeting ID: 662 141 017

Password: 123456

<https://us04web.zoom.us/j/662141017>

McIntosh County Virtual Group

Su/W/F 7pm **OPEN**

<https://zoom.us/j/3134497254> Password: 678130

Muskogee Donut Hole Group

Mon-Fri 7am **OPEN**

Sat 9am **OPEN**

Meeting ID: 824 1697 8755

Password: donut

<https://us04web.zoom.us/j/82416978755>

New Day

M/W/F at Noon **OPEN**

Meeting ID: 715 879 6009

Password: sober

Join by Phone call (audio only) +1 346 248 7799

Password: 544282

<https://zoom.us/j/7158796009>

New Haven Group

Online meetings only, Tuesday (**CLOSED**) & Friday (**OPEN**) 7:30PM

Meeting ID 231 625 7821

Password: 913074

Join by phone: 312-626-6799

<https://zoom.us/j/2316257821>

New Hope

Zoom Only

- **Tuesday 7:15pm**
Meeting ID: 437 148 8908
Password: 460655
<https://zoom.us/j/85955527530>
- **Friday 7:15pm**
Meeting ID: 859 5552 7530
Password: 113006
<https://zoom.us/j/4371488908>

Open Door 2

Conference Call Only Sun 3pm
1-470-480-9063

Owasso Group

M/F 8pm **OPEN**

Meeting ID: 363 839 932

Meeting Password: 081750

<https://us04web.zoom.us/j/363839932?pwd=aUV2cmpvTTIydTJEbXN1eGNOZTdyUT09>

Promises (Broken Arrow) **NEW ZOOM INFO******

Hybrid Meetings

T/Th 6pm **OPEN**

Zoom ID: 645 891 3729

Password: NjNuz6

<https://us05web.zoom.us/j/6458913729?pwd=bE5hcVJYQmJmUHBzN0FyaUNyQ>

Sooner Group

M(**CLOSED**)/Th(**OPEN**) 7:30pm

Meeting ID: 876 3091 1415

Password: 670797

<https://us04web.zoom.us/j/87630911415>

South Bixby AA

Online meetings only Mon 7pm **OPEN**

In person only Weds 7pm **OPEN**

Meeting ID: 707 971 073

Password: SBixby456!

<https://us04web.zoom.us/j/707971073>

Southside Traditions

Sun (**CLOSED** except LAST Sun is **OPEN**)

Th 7 pm **OPEN**

Meeting ID: 820 0470 5015

Password: 021261

<https://us04web.zoom.us/j/82004705015>

Tulsa Big Book

Friday 8pm Zoom Only **OPEN** (Tuesday in person only)

<https://us04web.zoom.us/j/488258636>

Twelve & Twelve

In person & online Wed (**CLOSED**)/Sat (**OPEN**) 7:30pm

Zoom ID: 892 8860 3298

Password: sober

<https://us04web.zoom.us/j/89288603298>

We Agnostics

Zoom meetings only

- **Sunday** 9:00 AM **OPEN**
<https://us02web.zoom.us/j/81568599391?pwd=bGZiRmJ4cXBsUg5R3c1c0dzS0xkUT09>
Meeting ID: 815 6859 9391
Passcode: 382887
- **Wednesday** 7:00 PM **OPEN**
<https://us02web.zoom.us/j/87849032697?pwd=TXR5N1k1M3pGZUdUbEkvZXFPOWRtUT09>
Meeting ID: 878 4903 2697
Passcode: 382887

Women's Connection

- **Monday**—In person unless inclement weather
Zoom ID: 840 4142 1763
Password: 264962
<https://us04web.zoom.us/j/84041421763>
- **Thursday**—Zoom only
Meeting ID: 854 4792 5491
Password: 471963
<https://us04web.zoom.us/j/85447925491>

Clubhouses:

REBOS Club (Tulsa)

-Rebos Nooner

Conference Call meetings only M-Fri 12pm **OPEN**

Link: <https://join.freeconferencecall.com/mawlaw8?fbclid=IwAR0qpKoyQWGAAppPtWPEggBdIPFVuJbw6Ib4iuFs4VQd-tUygExmYItZB6IQ>

Call in number: (339) 209-6556

-Lambda Unity

Zoom meetings only

- Sat 5:30pm **OPEN**
- T/Th 7pm **OPEN**

For meeting access email lambdaunitytulsa@gmail.com

-Evening Sunrise

Sun/W 7:00 In person & on Zoom

Meeting ID: 835 0578 6043

Password: 73267

<https://us04web.zoom.us/j/83505786043>

Unanimity Club (Tulsa)

-ODAT

In person and online Daily 12pm **OPEN**

Meeting ID: 478 332 211

Password: ODAT123

<https://zoom.us/j/478332211?pwd=OUo4Q1g3cGdZY09hZXFmB2JJMdc3dz09>

-Sunrise

In person & online M-F 6:30am, Sat-Sun 7:00am **OPEN**

Meeting ID: 429 010 1394

Password: 101729

<https://us04web.zoom.us/j/4290101394>

The Loft (Owasso)

Online & In person. Loft PayPal account: loftkoop@gmail.com

-Before and After Group

- **Monday:** 7:00 pm **OPEN**
ID 934268072
PW 007799
<https://us04web.zoom.us/j/934268072>
- **Wednesday** 7:00 pm **OPEN**
ID 713240490
PW 025401
<https://us04web.zoom.us/j/713240490>
- **Saturday:** Noon **OPEN**
ID 491085756
PW 005049
<https://us04web.zoom.us/j/491085756>

-Fresh Start Group

Wednesday: Noon **OPEN**

ID 491085756

PW 005049

<https://us04web.zoom.us/j/491085756>

-Koop Group

- **Sunday:** 7:00 pm **OPEN**
ID 124645448
PW 009594
<https://us04web.zoom.us/j/124645448>
- **M/T/Th/F:** Noon **OPEN**
ID 491085756
PW 005049
<https://us04web.zoom.us/j/491085756>

-Primary Purpose Group

- **Sunday:** 5:30 pm **OPEN**
ID 400436590
PW 027251
<https://us04web.zoom.us/j/400436590>
- **Tuesday:** 7:00 pm **OPEN**
Foundation Meeting
ID 733259579
PW 026571
<https://us04web.zoom.us/j/733259579>

Databases of Online AA Meetings

<http://www.aa-intergroup.org/?fbclid=IwAR0Ibj4edhiB-yIwG4KfPkJrVqJK5sL5raVyfgorxloBYtZb0QUOSTZUzgA>

https://www.thetokenshop.com/Online_AA_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhcKfwUqtA7T18yJCc04cjEsPo2HwA

https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrvViZOc_jUj92j-Mtk_okN5N-70gZ4zXAXhoJdyVl03_f4wyeF9sM

https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1clkYows-7sZY_BvuWWOx5MzL9IJR5mpBVIgMkG5Kqg7umgYE

<http://intherooms.com/?fbclid=IwAR3QIYG24AMEGGp9mOtDj7CgulqrfTP0lpXKZc1IG-DTdmkEOwkA6tIwuV4>

5th Dimension Young People's Group

Online Only

Daily 9:30pm

For login info email 5D.meetinginfo@gmail.com or text 5d to 313131

[Links to Online Speaker Tapes](#)

<https://www.xa-speakers.org/pafiledb.php>

Recoveryspeakers.com