

PLEASE KEEP US  
UPDATED, ON YOUR  
GROUP.  
THE INFORMATION  
HERE IS ONLY AS GOOD  
AS YOU GIVE US.  
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The Latest Updates  
Meetings that are open  
Online Meeting Access

EFFECTIVE DECEMBER 10TH: The Northeast Central Service office is now open from 3-5 pm Monday through Friday. You can also call or email us to schedule an appointment outside these hours. Curbside service is also available, as well as the option to purchase items over the phone and have them shipped to you. We hope you have a safe and happy holiday season!

**\*\*Please note that the list of Online Meetings & Resources begins on page 5!\*\***

**Groups That ARE Meeting In Person (groups alphabetical, then clubhouses):** These are the only groups that have informed us that they are still holding (or have resumed holding) traditional meetings

**\*\*indicates mask required**

**TULSA AREA GROUPS**

**\*\*Acceptance 12424 E 31st St, St. Matthew's Methodist**  
T/Th Noon

**\*\*Beginners Big Book Study 2900 S Harvard Fellowship Congregational Church**  
M-Sat 12pm  
Only 10 people allowed inside, using picnic table as outdoor overflow meeting space

**\*\*Beginning Group 620 S. Garnett, Garnett Road Baptist (North Parking Lot)**  
Bring your own book, social distancing  
M/F 7:30pm

**Broken Arrow Action Group 1631 S Main St**  
Hybrid in person & Zoom  
Monday: 12pm, 5:30pm (beginner's), 7:30pm  
Tuesday: 12pm, 5:30pm (women's), 7:30pm  
Wednesday: 12pm, 6pm, 7:30pm (beginner's)  
Thursday: 12pm, 5:30pm (men's), 7:30pm  
Friday: 12pm, 5:30pm, 7pm  
Saturday: 8:30am (men's), 10:30am (women's), 7pm  
Sunday: 10:30am, 6:30pm

**Broken Arrow Promises 4407 S Olive (129th) E. Ave, Abiding Harvest United Methodist**  
Hybrid In person & Zoom  
T/Th 6 pm

\*\*Broken Arrow Wisdom Group 4250 W. Houston, St. Patrick's Episcopal Church

Hybrid In person & Zoom:

M/Th: 7:30pm

Friday: 8:00pm

Saturday: 10:00am (men's meeting), 9:30pm (candlelight)

**\*NEW ADDRESS\***

\*\*Brookside Men's Group 3832 S. Peoria Ave, Hope Fellowship Church

Saturday 9 am—hybrid meeting

\*\*Cornerstone 5635 E 71ST St, St. Dunstan's Episcopal Church

M/Th 7:15 pm—In person & on Zoom

Friendship Group 10513 E. Admiral Pl, St. Mark's Methodist Church

M 7:00 pm will resume on 6/1

Th 7:00 pm will continue to meet on Zoom only until further notice

Genesis/A New Beginning 8707 E 51st St Regency Park Church

M-F 7 am In person

Going to Any Lengths 6540 E 21st ST Ste G

Meeting online and in person—see group member for online meeting info

M/W/F/Sa 7:30pm

Grateful Heart Group 6215 S 107th E Ave, The Heart Church

In person & online Sun 3:00pm

Temperature checks required, masks optional

\*\*Last Chance Group 9100 E 21st St. Espiritu Santo Episcopal Church

Bring your own book

Monday 7:30 pm

Thursday 7:30 pm meeting suspended until further notice

\*\* Miracles Group 1307 West 22<sup>nd</sup> Street, Southwest Church of the Nazarene

Sun/W 7 pm

New Haven 5603 S. New Haven, New Haven Methodist Church

In person & online

T/F 7:30 pm

Oil Capitol Group 2900 S. Harvard Fellowship Congregational Church

Wednesday 7pm

\*\*Original Group 6815 E. 15th Street \*NOW NON-SMOKING\*

Sunday-Friday 12pm & 5:30pm

**\*NEW ADDRESS\***

\*\*Original Westside Group 6727 S. Sheridan Rd, Fellowship Lutheran Church

T/Th 7:00 pm

\*\*Read the Book 5590 S Lewis Ave, Southern Hills Baptist Room 206

M/Th 7:30 pm

Temporarily NO CHILDCARE AVAILABLE

Rose Garden 2435 S Peoria Ave Tulsa Rose Garden at Woodward Park

Sun 8:00 am Meeting on the steps outside the Rose Garden.

Will meet outside throughout the season (no greenhouse this year).

In case of rain will meet in the shelter in Woodward Park.

South Bixby AA 14 E Dawes Ave

Hybrid In person & Zoom W 7 pm

Monday Zoom only

\*\*Southside Traditions 10901 S Yale Ave, Christ Church Episcopal

Sun/Th 7:00 pm Hybrid Zoom/In Person meeting

Social distancing, masks required, bring your own coffee

Tulsa Big Book 2901 S Yale Ave Yale Church of Christ

Tuesday meeting in person only 7:30pm

CURRENTLY NO BABYSITTING AVAILABLE

Friday Zoom only

\*\*Twelve & Twelve Group 4818 E 9th St. Saint Luke's Episcopal Church

W/Sat 7:30 PM

**TULSA AREA CLUBHOUSES**

**\*\*Indicates Masks Required**

Buddy Room (at 12&12 facility) 6333 E. Skelly Dr

Awakening M-Sun 6:45am

Another Chance M/Th/Sat 7:30pm

Solutions W/Sun 7:30pm

Dry Dock Club 5525 E 51<sup>st</sup> St Ste 403 (Use back entrance of building)

Serenity Harbor Daily 12pm **\*New Group Name\***

Happy Hour Daily 5:30pm

Open Arms Sat-Thurs 9pm

REBOS Clubhouse 3355 S. Jamestown Ave—Building behind Unity Church

Back to Basics Fri 7:30pm

Evening Sunrise Sun/M/W 7:00pm

\*\*Tulsa Group 3010 E King St

Bring your own book, social distancing required

M-Sat 12:00 pm

Th-Sat 5:30pm **TEMPORARILY SUSPENDED**

W 6pm Women's meeting

Sun 10:30 am

Unanimity Club 8749 S. Lewis Ave

\*\*Sunrise M-F 6:30am, Sat-Sun 7am

\*\*ODAT Daily Noon

\*\*SOS Daily 5:30pm

\*\*7:15 Group M/W/F 7:15pm

\*\*PATS Sun-F 9pm, Sat 10pm

**SURROUNDING AREA GROUPS**

Ada

- Three Legacies Group

Bartlesville

- Downtown
- New Day
- Oak Park AA Group
- Sobriety Book Club
- Willing to Grow

#### Bristow

- Into Action

#### Catoosa

- Port of Catoosa

#### Claremore

- AA Meeting
- Claremore Big Book
- Claremore Early Bird
- Claremore Easy Does It
- Outlaw Safe Cracker—**New Meeting Tues 6:30pm Open Lit Study**
- Pioneer
- Sobriety Offers Serenity
- Sunday Big Book Group

#### Cleveland

- Cleveland Group

#### Checotah

- Checotah Group

#### Coweta

- Design for Living Group

#### Cushing

- Common Solution Group

#### Eufaula

- Lake Eufaula Group

#### Grove

- Grove Turning Point
- \*\*The Promises
- \*\*Grove Nooners

#### Henryetta

- Old School 12 Steps

#### Inola

- Inola Big Book

#### Langley

- Langley Group

#### Locust Grove

- Locust Grove Group

#### Mannford

- Mannford Nomad

#### McAlister

- Broken Bottle
- McAlester Noon Big Book

#### Monkey Island

- Monkey Island Group

#### Muskogee

- Happy Hour
- Muskogee Brown Bag
- Muskogee Donut Hole Group

#### Owasso

- Owasso Group
- The Loft Clubhouse—**Limited to 10 persons**

- Koop Group
- Before & After
- Primary Purpose
- Owasso Fresh Start

Ponca City

- Power of We

Pryor

- Pryor Downtown
- Pryor GTO

Sallisaw

- Sallisaw Serenity

Sand Springs

- Tanglewood

Sapulpa

- Sapulpa Serenity

Skiatook

- Broken Brain

Tahlequah

- **\*\*Bottoms Up—Tues hybrid/Thurs Zoom**
- Chapter 5--Hybrid
- Tahlequah Eastside

Turley

- Turley Lighthouse

Wagoner

- Wagoner Big Book

**Local Online/Virtual Meetings (Groups alphabetical, then clubhouses)**

**\*\* OPEN Meeting—All are welcome to attend**

**\*\*CLOSED Meeting—Only for alcoholics & those who have a desire to stop drinking**

Awakening NS

Conference Call Only, Mon-Sat 7am **OPEN**

Call in number: (951) 799-9267

Bottoms Up (Tahlequah)

Tues Hybrid **OPEN** /Thurs Zoom only **OPEN**

Meeting ID: 861 1747 3417

Password: Unity

<https://us04web.zoom.us/j/86117473417>

Broken Arrow Action Group

In person and online

Password for all meetings: action

- 8:30am Sat Men's: 585 268 404 (**CLOSED**)
- 10:30am Sat (Women's—**CLOSED**) & Sun (**CLOSED**): 260 428 500
- Noon Mon-Fri: 770 154 932 (**CLOSED**)
- 5:30pm Mon (**OPEN**), Tues (Women's—**CLOSED**), Fri (**CLOSED**): 611 705 279
- 6pm Weds (**OPEN**), 6:30pm Sun (**CLOSED**): 838 249 872
- 7pm Fri/Sat (**OPEN**): 816 513 711
- 7:30pm Mon-Thurs: 960 401 021 (Weds—**OPEN**, all others **CLOSED**)

### Broken Arrow Wisdom Group

In person & online.

Mon/Thurs 7:30pm: <https://us04web.zoom.us/j/802026534> CLOSED

Fri 8pm: <https://us04web.zoom.us/j/426385082> OPEN

Sat 10am "Men's": <https://us04web.zoom.us/j/115424780> CLOSED

Sat 9:30 "Candlelight": <https://us04web.zoom.us/j/116818928> OPEN

Last Friday "Birthday Meeting": <https://us04web.zoom.us/j/87803174786> OPEN

Password (if applicable): Wisdom

### Brookside Men's Group

In person & online

Zoom ID: 838 521 536

Password: 467946

### Chapter 5 (Tahlequah)

In person & online

M/W/Sat 6:30pm OPEN

Zoom ID: 390 563 1519

Password: CH5

### Cornerstone

Monday (CLOSED, beginners meeting available) & Thursday 7:15pm (OPEN)

<https://us02web.zoom.us/j/298915522?pwd=ak9HT2lFSkhBVWVUOXdBcU1Yb1RtUT09#success>

### Common Solution Group (Cushing)

In person & on Zoom

Th 7pm, 4<sup>th</sup> Sat 7pm OPEN

Thurs ID: 840 4848 9468

Sat ID: 836 9930 8741

### Desire Group

Tuesday 7:30 PM/Friday 8 PM OPEN

Meeting ID: 715 879 6009

Password: sober Phone call Password: 544282

### Easy Does It (Claremore)

Tuesday noon: CLOSED

# 641928859

Pswd: 095921

Wednesday noon: CLOSED

# 483181573

Pswd: 091071

Saturday noon: OPEN

# 427642734

Pswd: 039093

### Friendship Group

Zoom meetings Thursday 7pm OPEN

Meeting ID: 657 492 0090

Password: 723895

Gaunt Prospector Speaker Group

Sunday 7 PM **OPEN**

Zoom ID- 449 181 4542

Password- Love

Grateful Heart

Online meetings Sun 3pm **OPEN**

Meeting ID: 918 894 0898

Password: grateful

Gratitude Group (Women's) **OPEN**

Daily at Noon

GoToMeeting 297-164-549

Download app & enter access code

Last Call (formerly PATS Zoom group)

Zoom meetings only

Daily at 9:00 pm

Meeting ID: 662 141 017

Password: 123456

<https://us04web.zoom.us/j/662141017>

McIntosh County Virtual Group

Su/W/F 7pm **OPEN**

<https://zoom.us/j/3134497254> Password: 678130

Midtown Men's Group

Wed **CLOSED**

6:30 pm: Fellowship, 7-8 pm: Big Book study

<https://zoom.us/j/318062064?pwd=Q29SOXM2eG1TNW80SjA2dkFSc3RrQT09>

Meeting ID: 318 062 064

Password: 098098

New Day

M/W/F at Noon **OPEN**

Meeting ID: 715 879 6009

Password: sober

Join by Phone call (audio only) +1 346 248 7799

Password: 544282

New Haven Group

Online meetings only, Tuesday (**CLOSED**) & Friday (**OPEN**) 7:30PM

Access: Zoom Link <https://zoom.us/j/2316257821>

Meeting ID 231 625 7821

Password: 913074

Join by phone: 312-626-6799

New Hope--Contact Bill T for login information 918-810-5991

Owasso Group

M/F 8pm **OPEN**

Meeting ID: 363 839 932

Meeting Password: 081750

<https://us04web.zoom.us/j/363839932?pwd=aUV2cmpvTTlydTJEbXN1eGNOZTdyUT09>

### Promises (Broken Arrow)

Hybrid Meetings

T/Th 6pm **OPEN**

Meeting ID: 532 869 048

Password: Welcome

### Sooner Group

M(**CLOSED**)/Th(**OPEN**) 7:30pm

Meeting ID: 876 3091 1415

Password: 670797

### South Bixby AA

Online meetings only M 7pm **OPEN**

Hybrid in person/online W 7pm **OPEN**

Meeting ID: 707 971 073 Password: SBixby456!

### Southside Traditions

Sun (**CLOSED** except LAST Sun is **OPEN**)

Th 7 pm **OPEN**

Meeting ID: 820 0470 5015

Password: 021261

### Tulsa Big Book

Friday 8pm Zoom Only **OPEN** (Tuesday in person only)

<https://us04web.zoom.us/j/488258636>

### Twelve & Twelve

In person & online Wed (**CLOSED**)/Sat (**OPEN**) 7:30pm

Zoom ID: 892 8860 3298

Password: sober

### We Agnostics

Zoom meetings only

Sunday 9:00 AM **OPEN**

<https://us02web.zoom.us/j/81568599391?pwd=bGZiRmJ4cXBsUUG5R3c1c0dzS0xkUT09>

Meeting ID: 815 6859 9391

Passcode: 382887

Wed 7:00 PM **OPEN**

<https://us02web.zoom.us/j/87849032697?pwd=TXR5N1k1M3pGZUdUbEkvZXFPOWRtUT09>

Meeting ID: 878 4903 2697

Passcode: 382887

## **Clubhouses:**

### **REBOS Club (Tulsa)**

-Rebos Nooner

Conference Call meetings only M-Fri 12pm **OPEN**

Link: <https://join.freeconferencecall.com/mawlaw8?fbclid=IwAR0qpKoyQWGAAppPtWPEggBdIPFVuJbw6Ib4iuFs4VQd-tUygExmYitZB6IQ>

Call in number: (339) 209-6556



Lambda Unity

Zoom meetings only

Sat 5:30pm [OPEN](#)

T/Th 7pm [OPEN](#)

For meeting access email [lambdaunitytulsa@gmail.com](mailto:lambdaunitytulsa@gmail.com)

Evening Sunrise

Sun/M/W 7:00 In person & on Zoom

Meeting ID: 833 0085 3057

Password: 73267

**Unanimity Club (Tulsa)**

-ODAT

In person and online Daily 12pm [OPEN](#)

Meeting ID: 478 332 211

Password: ODAT123

<https://zoom.us/j/478332211?pwd=OUo4Q1g3cGdZY09hZXFMb2JJMDc3dz09>

-Sunrise

In person & online M-F 6:30am, Sat-Sun 7:00am [OPEN](#)

Meeting ID: 429 010 1394

Password: 101729

**The Loft (Owasso)**

Online & In person (In person limited to 10 people). Loft PayPal account: [loftkoop@gmail.com](mailto:loftkoop@gmail.com)

Before and After Group

Monday: 7:00 pm [OPEN](#)

ID 934268072

PW 007799

Wednesday 7:00 pm [OPEN](#)

ID 713240490

PW 025401

Saturday: Noon [OPEN](#)

ID 491085756

PW 005049

Fresh Start Group

Wednesday: Noon [OPEN](#)

ID 491085756

PW 005049

Koop Group

Sunday: 7:00 pm [OPEN](#)

ID 124645448

PW 009594

M/T/Th/F: Noon [OPEN](#)

ID 491085756

PW 005049

Primary Purpose Group

Sunday: 5:30 pm [OPEN](#)

ID 400436590

PW 027251

Tuesday: 7:00 pm **OPEN**

Foundation Meeting

ID 733259579

PW 026571

## **Databases of Online AA Meetings**

<http://www.aa-intergroup.org/?fbclid=IwAR0Ibj4edhiB-yIwG4KfPkJrVqJK5sL5raVyfgorxloBYtZb0QUOSTZUzgA>

[https://www.thetokenshop.com/Online\\_AA\\_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhckfwUqtA7T18yJCC04cjEsPo2HwA](https://www.thetokenshop.com/Online_AA_Meetings?fbclid=IwAR0kAWKdL1o2CbaSckiTA9XpodrHSbhckfwUqtA7T18yJCC04cjEsPo2HwA)

[https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7\\_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrvViZ0c\\_jUj92j-Mtk\\_okN5N-70gZ4zXAXhoJdyVI03\\_f4wyeF9sM](https://docs.google.com/spreadsheets/d/1FotwE5g0AX0edZ29XyJfLF9U0WVn7_OYECfRtn1hV1U/htmlview?fbclid=IwAR044VrvViZ0c_jUj92j-Mtk_okN5N-70gZ4zXAXhoJdyVI03_f4wyeF9sM)

[https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1clkYows-7sZY\\_BvuWWOx5MzL9IJR5mpBVIgMkG5Kqg7umgYE](https://sites.google.com/view/aameetings?fbclid=IwAR1ibniM1G1clkYows-7sZY_BvuWWOx5MzL9IJR5mpBVIgMkG5Kqg7umgYE)

<http://intherooms.com/?fbclid=IwAR3QIYG24AMEGGp9mOtDj7CgulqrfTP0lpXKZc1IG-DTdmkEOwkA6tIwuV4>

## **Links to Online Speaker Tapes**

<https://www.xa-speakers.org/pafiledb.php>

[Recoveryspeakers.com](http://Recoveryspeakers.com)